



October 2018

# TTK NEWSLETTER

## Empowering Women of Agriculture

WCIWA Watershed Coordinator Laura Demarest and Sullivan County SWCD Board of Supervisors Chair Bobbi Hunt-Kincaid are pictured together after presenting at the “Empowering Women in Agriculture” workshop held this past summer as a collaborative effort in Greene County. The workshop, designed and centered around women, served to educate and encourage those currently working or involved in the agriculture sector. Attendees were able to network with peers in similar situations and learn the impact women have as decision makers on the farm, as landowners, or in their role as agriculture professionals. Other workshop presenters included Dr. Paige Pratt, Certified Life Coach Martha Miller, and past NRCS State Conservationist Jane Hardisty.

Indiana women in agriculture are helping pave the way for a better future. As leaders in the ag sector, it is their responsibility to make sure the next generation of women are educated and empowered to take on the challenges of sustainably meeting the world’s growing food needs. Currently, there are 23,989 female farmers in Indiana, farming over



4,048,271 acres and contributing \$294.6 million to the Indiana economy ([usda.gov](http://usda.gov)). To help women in Indiana connect with other female leaders in agriculture all across the country, the USDA has established a women in ag mentoring network. For more information, or to join the conversation, email [agwomenlead.usda.gov](mailto:agwomenlead.usda.gov) or visit [usda.gov](http://usda.gov).

Unfortunately each year many women from the family farm inherit ground and are unsure of the next step in decision making. If you are in a similar situation, check out our tips on the following page to move forward in the right direction.

## Quotes & Quips



*“Soil is a living ecosystem, and is a farmer's most precious asset. A farmer's productive capacity is directly related to the health of his or her soil.”*

*--Howard Warren Buffett*

## Upcoming Events

### Halloween

Wednesday, October 31st



### Sullivan County SWCD Soil Sampling Workshop

November 8, 2018

Sullivan County 4-H fairgrounds  
Contact the District for more information.

### Daylight Savings Time

Sunday, November 4

Don't forget to "fall back."

## So You Inherited the Family Farm...Now What?

- Contact the Farm Service Agency (FSA) at your local USDA Service Center to see if the farm has any required acreages to report for crop production, or to verify if you have acres enrolled in the Conservation Reserve Program (CRP).
- Contact the Natural Resources Conservation Service at your local USDA Service Center to verify if you have acres enrolled in easement programs or if there are any current contracts on the land requiring conservation practices or enhancements to be installed or maintained.
- Have conservation easements or contracts? Discuss with your local District Conservationist to decide if you want to continue or cancel the contract, and what the repercussions may entail.
- Want to sell the property? You are responsible for disclosing information about all USDA contracts and easements to potential buyers.

## Check us out!

<http://watershed-alliance.org>

Twitter: @WCIWA

Flickr: <http://www.flickr.com/photos/100018070@N07/>

### Contact:

(812) 268-5157 ext.3

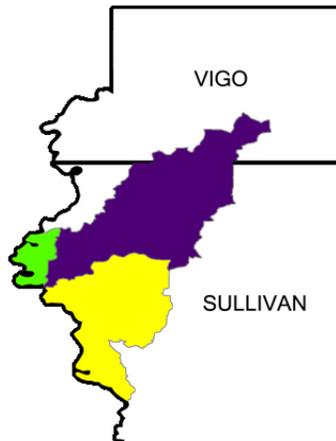
(812) 564-1162 mobile

[laura@watershed-alliance.org](mailto:laura@watershed-alliance.org)



Sullivan County Soil and Water  
Conservation District

## Cost-Share Funding for Cover Crops and more!



Eligible participants must live or farm in the **Turman Creek Watershed** (purple on map above) to qualify for the TTK 319 program. Funding has been **COMPLETELY OBLIGATED**, though more is being sought. Schedule an appointment to review eligibility and add your project to the **WAIT LIST!** Cost-Share Program information available: <http://watershed-alliance.org/index.php/ttk-cost-share-program-guidelines/>



## Seasonal Recipe Simple, Perfect Chili

Yields: 6-8 servings

Time: 1 hr. 40 mins | Active: 30 mins

### Ingredients

- 2 lbs ground beef
- 2 cloves garlic, chopped
- 1 8 oz. can tomato sauce
- 2 tablespoons chili powder
- 1 teaspoon ground cumin
- 1 teaspoon ground oregano
- 1 teaspoon salt
- ¼ teaspoon cayenne pepper
- ¼ cup masa harina
- 1 15 oz. can kidney beans, drained & rinsed
- 1 15 oz. can pinto beans, drained & rinsed
- Optional toppings: shredded cheddar, chopped onions, tortilla chips & lime wedges

### Directions

1. Place ground beef and garlic in a large pot. Cook over medium heat until browned. Drain excess grease.
2. Add tomato sauce, chili powder, cumin, oregano, salt and cayenne. Stir together well, cover and then reduce heat to low. Simmer for 1 hour, stirring occasionally. If the mixture becomes overly dry, add ½ cup water at a time as needed.
3. After an hour, place the masa harina in a small bowl. Add ½ cup water and stir together with a fork. Dump the masa mixture into the chili and stir together well. Add beans and simmer for 10 minutes.
4. Serve with shredded cheddar, chopped onions, tortilla chips or lime wedges as desired. Enjoy!

Recipe courtesy of:  
Foodnetwork.com